Benin Photography Tour Report 2023

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There is nothing in the world that quite compares with an ethnographic photography tour in Benin. For a start, trips like this plunge you into the world of voodoo, a complex religion with over 30 million adherents worldwide and one that is recognised as a national faith of Benin.

Our tour coincides with the annual Voodoo Festival in Benin. For the past few years, due to the pandemic, many of the usual festival events were either cancelled to avoid large public gatherings or they effectively went 'underground' and were performed by the Beninese in back streets (it's hard to stop the Beninese from celebrating everything!). This year however, it was back in full swing and for the first time in three years we saw a few more western tourists.

Sprinkle the festival with an astonishing TWENTY African ceremonies (we had originally planned to do only thirteen!) and some warm visits to earthy African villages, and our tour this year was the most successful to date!

By the time we started all of our group had arrived in Cotonou and we spent the first morning taking a stroll to visit some street art near to our hotel. While we were there we met several lovely young Beninese people who became impromptu fashion models for us taking photos which was a great laugh all round. The street art itself was inspired by the over 50 different cultures in Benin so we stopped to photograph some of it also. Sadly the gigantic statue of the Amazons on the esplanade of Cotonou was closed due to a political event so we bypassed it in order to have a siesta at our hotel while the heat was at its most intense. Later that afternoon we headed down to the beach at sunset to enjoy a welcome dinner of freshly caught fish and cold beer at a beautiful seaside restaurant. After placing our orders we took a stroll down on to the beach to look at some traditional Beninese fishing pirogues, take some photos of the locals and watch the sun go down over the Gulf of Guinea. What a sublime way to start what was going to be an epic tour of Benin.

In the lead up to the voodoo festival it is always good to try and warm up your photography skills at a couple of ceremonies so we started the trip with a private Shango ceremony in the small Beninese town of Bopa.

Shango

Shango is a traditional voodoo judiciary which is presided over by the Shango god of thunder and lightning. We entered the tiny courtyard and new this year was a series of brightly coloured relief murals depicting the various gods from the strain of voodoo represented here. In the courtyard is a legba (a small sculpture for guest offerings), a shrine and a temple where a series of Shango priests dressed in red, were preparing for the ceremony. Like many voodoo ceremonies this one began with sacrificing chickens and culmindated in a human skull which 'exploded' after being sprinkled with gun powder and then ignited. All the while a group of local women and musicians played loud music with bells to serenade the crowd.

The Shango judiciary reaches its verdict and announces it with an 'exploding skull'

Shango is also a god of West Africa's Yoruba people and watching this ceremony is one of the most breathtaking introductions into the world of voodoo. It is hard to believe that this, along with capital punishment, were mainstream cultures in Benin prior to 1982, when they were effectively stopped. These days, although what we see is a re-enactment, it still feels very real when you attend it.

After the ceremony had concluded we lingered a while to enjoy some portrait photos with the Shango priests before we left to visit King Agassa.

King Agassa

For some time now, I've been getting a sneaky feeling that I am one of the very few people who is not only allowed a private sitting with King Agassa, but I might just be becoming his personal photographer also. This year we met him as part of a small audience at his

personal voodoo temple where he was undertaking an animal sacrifice to start the voodoo festival.

We enjoyed taking part in this small ceremony, including being allowed inside his private temple to take photos, after which we went with him to his home to take photographs of him inside which was lovely. Awe were then graciously invited to wander around the women's compound of the king where we got to meet some of his family and learn about the special nature of twin children in Benin for the first time. In the past I've visited this compound but I wasn't ever allowed to take photos in there. I figure that we were granted permission this time because of my ongoing and growing relationship with King Agassa, one of the most prominent kings in all of West Africa.

I was trying to tell my group that they should try never to take an experience like this for granted, that a private audience with the highest figure in voodoo was a bit like meeting the pope. Normally you cannot get anywhere near him. When he is travelling he is trapped in a cavalcade of many cars. In public he is normally surrounded by crowds of adoring followers.

After finally tearing ourselves away from the warm reception we received from the King's family, we went down to a nearby lake to enjoy lunch on a jetty over the water.

Gambada

That afternoon we attended a private ceremony of Gambada, the voodoo celebration of love. This was our first introduction to the voodoo concept of trance. After the ceremonial Gambada statues were brought out (and given cigarettes to smoke!), several dancers fell into the dance area covered in Kaolin powder. They were in trance as they prepared for the ceremony. After they effectively emerge from this wild state, each of them twirled around to the beat of many drums to celebrate love, happiness and finding a partner in voodoo.

Continuing until sunset we all enjoyed photographing the dancers, musicians and crowd before we retreated to our beautiful hotel on the beach for dinner, once again by the sea.

The Voodoo Festival

Festival day saw us attend this amazing annual cultural event in a stadium right next to the beach at Grand Popo. As the actual festival itself didn't start until late morning, we decided to visit a couple of the traditional fishing villages on the beach near to where the festival was going to start. These pretty villages of thatched palm huts, gigantic coconut palms and wooden fishing pirogues are quickly becoming a thing of the past in West Africa as the entire region tries to 'modernise' sadly at the demise of these villages. We enjoyed a walk along the beach past a few boats and we finished our visit with a photography session of around 25 or so fishermen trying to haul a gigantic net from the sea by hand.

We finally drove down to join the festival and after parking our bus, we joined the throngs of festival attendees all heading to this event, the biggest of its type in Benin each year.

To our surprise we were all invited to sit in the private audience with King Agassa in the shade. This was a wonderful and unexpected invitation which we all enjoyed doing in between occasional wanderings to photograph the festival goers and events.

It was great to just photograph the crowd here and while it was on we got our first taste of some of the more prominent ceremonies that happen in voodoo including Koku and Zangbeto, with some of the latter actually arriving on boats from across a nearby lake.

Benin has literally hundreds of kings and many of these were in attendance at the festival, alongside beautifully decorated voodoo adept women with their white togas and many strands of colourful beads.

Although we couldn't get anywhere near him, we all felt very honoured that King Agassa decided to share his private audience with us and we even got to sit with the current Miss Benin!. We became so caught up in all of the festival proceedings that we actually bypassed having lunch. We grabbed some local fruit to eat in the van as we drove out to a location where we would see our final ceremony of the day – a private ceremony of Zangbeto.

Egungun – The First Encounter

As we were driving we went through a small village where we spotted two wandering Egunguns, the ancestral spirit masked dancers that originate in Yoruba culture. We stopped the car spontaneously and got out to ask if they would mind us taking photos. Thankfully they said yes. The hardest part of encounters like these is working out quickly what might be a good place to take photos. On this occasion we found an iron monger's workshop so we took some Egungun photos with a somewhat industrial background which seemed to oddly complement them in the end.

Zangbeto

We ended our day with a private ceremony of the incredible Zangbetos, the voodoo guardians of the night. I organised for this ceremony to take place in a really beautiful open area lined with traditional African homes and mud walls, but abutting a neighbouring sacred forest. We walked in the short distance and waited as the musicians all assembled. These waits are commonplace in West Africa (everything works on African time) but they give us the chance to mingle with the local people and grab some candid shots until the main event begins.

Spinning and flipping Zangbetos at a remote village in Benin

Finally the Zangbetos. Of all the masked dances we visit in Benin, the Zangbeto has always been a personal favourite of mine. To me they look like giant conical street sweepers but when they are flipped you can't see any humans under them.

In the end we were visited by five Zangbetos during this ceremony and one was repeatedly flipped to reveal the following – a bowl of water with leaves that the guardian baptised us with, a tiny spinning Zangbeto, a small moving figurine and finally a tiny crocodile creature that was fed balls of rice! By the time we left the light was getting bad for photos but I think none of us really wanted this one to end. It was amazing!

Feeding the 'spirit human' after he twirled a Zangbeto at our ceremony

The following day we enjoyed what we thought was going to be a slightly quieter time until we chanced upon two very unexpected ceremonies.

Ouidah

Our day began with a journey to the former capital of slavery in Benin, Ouidah. It was here we began our day by visiting the otherworldly Python Temple where we caught up with a friend of mine who is the youngest of four generations of python handlers in a tradition that sees pet pythons released onto the streets of Ouidah at night. If they turn up at your residence this is considered very good luck and you must keep the python before returning it alive to the temple the following morning.

We then took a short tour to visit the newly refurbished former trading market for slaves, the dark place, or Zomaï as it is called in the local language, where slaves were held, a mass burial site, the tree of forgetfulness (where slaves were forced to circumambulate to forget their past) , the slavery monument of a large wood carving depicting the story of slavery in Benin and finally we drove the former slave road a brief visit to the Portal of No Return monument which was under renovation.

It is all very confronting and sad to visit these monuments in Benin but I've always felt it is good to see the African version of this very dark era in our history and the careful way in which it is portrayed to the outside world.

After our tour of the slavery monuments we enjoyed a wonderful light lunch in a renovated former Afro-Brazilian house which had been turned into a restaurant and art gallery.

Ganvié

The afternoon saw us leaving Ouidah for the bustling ferry stop so we could reach the lake community of Ganvié. While our gear was being unpacked from the car and loaded onto wooden pirogues, a couple of us had a chance to fly drones over this stunning location for aerial photography.

Then we all boarded canoes and off we went to Ganvié, the 'Venice of West Africa'. Suddenly the heat of the city gave way to the cooler climes of the lake and mesmerised we joined throngs of canoes making their way to and from this remarkable city. En-route we stopped to photograph fishermen throwing their cast nets into the lake to fish.

Arriving at our rustic overnight homestay we checked in and boarded smaller, paddle-driven canoes to take a tour of Ganvié at sunset. It was here that we came across two very unexpected and random ceremonies. In all of my visits to Ganvié, I have never been ashore on one of the island communities and to visit one while two ceremonies were in play was an absolute highlight of our visit!

Tron

The first ceremony we encountered was the Voodoo celebration of happiness called Tron. This involved some elaborately dressed attendees being blessed by a lady who was covered in kaolin powder to help her procure the spirits and bless the audience with happiness.

Egungun (The Second Encounter)

It was while we were watching and photographing Tron that one of my guests told me she had seen some Egunguns hiding in a building. We actually asked if we could see them and what followed was another full blown celebration of Egunguns who happily posed for our photos in between terrorising the assembled crowds of local kids!

When we finally left we went back to our home stay in time for sunset and dinner of lake fish with cold beer

The following morning a heavy harmattan hit Ganvié and the entire area was shrouded in a thick fog as a result. It was actually a surreal way to see this famous place and watch the main canal traffic of canoes ply their way through the mist at dawn.

We left after breakfast and had a chance to photograph the fishermen on our way back to Cotonou. Again we had a short time to do some drone photography of the local fish market before we boarded the bus and drove out to the former capital of Benin, Porto Novo. We enjoyed a brief stop and some street photography around the city's ancient, colourful mosque before heading to a local restaurant for lunch.

Holi People

We spent the afternoon visiting three lovely and remote communities of Holi people as we head eastward towards the border of Nigeria. The Holi people are a heavily scarred and tattooed culture of the larger Yoruba people and, accompanied by numerous hand holding children, we wandered around their villages watching a welcome ceremony by one of the local head men, and photographing daily life in these pretty villages while meeting and photographing some of the older tattooed women and younger scarred people.

By the time we reached the eastern city of Cové it was dark.

By this point in the tour we were very close to the border of Benin and Nigeria and we spent our first morning in this area visiting a remote fishing community on a freshwater lake near Nigeria. It is always lovely to visit this community as it is so remote that the people are not so used to visitors or photographers. We travelled out in poled canoes and when we arrived we found two men carving a new wooden fishing canoe. We then wandered around the labyrinth of back streets photographing the local residents mending nets, drying and smoking fish and visiting the local school.

Guèlèdè

We returned to Cové for lunch and a break to escape the heat of the day. Towards the mid-afternoon we drove out to a village of warm and friendly Mahé people where we expected to see a ceremony of Guèlèdè. As we waited for the ceremony to begin we were flooded

by the local kids, all fascinated by our visit and hoping to have their photos taken. We met up with an elderly Mahé lady friend of mine who dressed up in her finest clothes for us to take photos of her and her family.

Finally we were summoned to the ceremony arena as our private Guèlèdè masked dancer had arrived for us to take portrait shots. What an amazing start to the ceremony this was!

Guèlèdè is the ultimate celebration of the feminine divinity so we were truly blessed to photograph this masked dancer with two of the local small children nearby before he joined the other dancers of the ceremony.

As usual Guèlèdè was fantastic and we met quite a number of different dancers all being blessed by ceremony officials and joining us for photos.

As it concluded we heard that another ceremony was taking place nearby so we walked over to check it out.

Atigali

The voodoo healing ceremony of Atigali was taking place in a neighbouring suburb square so we went along to watch a number of women and girls wearing striped skirts and covered in kaolin powder all performing a number of healing ceremonies to people who had mental and physical ailments.

As we missed the usual large orange masked dancers at Guèlèdè, some of us returned to see them instead of staying at Atigali, while others stayed on at Atigali.

Towards sunset we enjoyed these two huge masked dancers doing a small private display for us and hugging us as the day concluded.

Batonu Horsemen

The next morning we packed up our bags and drove north to the city of Parakou. Arriving in time for lunch and checking in to our hotel, we then went off to enjoy an afternoon with the incredible Batonu, or Bariba, horsemen of the city.

By chance we found out that an initiation ceremony was going to happen for young riders in this obscure but fascinating community so we went to one of the head riders' houses in order to watch him prepare his horse. Amusingly we watched him dress up his youngest son as a future horseman and took photos of it all before we slowly drove through the streets of the city, following him on horseback to the ceremony.

Once we arrived we joined a small assembling crowd of local people all waiting for the horsemen to arrive. What followed was probably one of the wildest afternoons of our entire tour with around fifteen horsemen all racing and dancing their horses through the streets in front of us.

In all of my time in Benin, I had never seen such a wild display from these guys and all of us were enthralled.

Finally we were allowed briefly into the compound where the initiation would take place, but sadly we were not allowed to photograph the initiation ceremony itself.

What an incredible afternoon! Most of us were covered in dust and grit from the vivid horseriding activity and all of us were left completely mesmerised by what we had seen.

We drove further north the following day. After realising we were going to be in the Taneka area too late for photos, I decided we should continue north to Naititingou, rather than risk an unbearable walk in the hills during the heat of midday.

Waaba

Arriving at our hotel in Naititingou in time for lunch and some impromptu shopping of wax cloth, we all took a short rest before being visited by a beautiful group of the local Waaba women who came to see us and dance.

Normally I wouldn't put on a ceremony like this on my tours but these women came to see us to dance and say thank you for helping a little boy of their group to have life-changing surgery to correct the congenital bow-leg condition he was born with.

Last year we went to an offsite ceremony of the same Waaba women. During it we noticed that one of the little boys had terrible bow-legs. We asked if there was anything we could do to help him and what transpired was a life-changing experience for all of us. Between my guests and I we raised enough money for him to have surgery and for his family to stay with him for three months while he underwent rehabilitation for his new legs. By the time we visited this year, his leg braces were off and he was walking like any normal little boy.

I was overjoyed to see him again. What an amazing journey he had been through over this past year. He had grown up so much!

So we were all happy to enjoy this unplanned ceremony to say thank you to us for helping him. Audience participation was high on our tasks during it and each of us got up to try and dance with the locals which was hilarious.

Fulani Wedding

I had originally planned to head out to some local Tata houses, the earthly sculpted homes of the region's Otamari people, for sunset. On the way out to them we got sidetracked by another impromptu ceremony when we saw a group of Borgu Fulani people assembled on the side of the road to celebrate a local wedding.

We stopped the car and asked if we might take some photographs of the people we saw. After all the Borgu Fulanis, with their intricately tattooed faces and traditional royal blue clothing, are some of the most beautiful Fulanis in Africa. We made a brief visit to their nearby village to take some photographs of the wedding crowd before moving on to visit our first Tata as the sun went down.

Otamari

The Otamari people of northern Benin and Togo are the creators of an incredible vernacular African architectural style of Tatas. These ancient structures are all handcrafted using local materials, and each of them is unique in terms of decoration. While they all loosely follow the same internal structure, their beauty and their intrinsic connection to the wilderness of the Atacora mountains was the impetus behind them being included in the UNESCO World Heritage list in 2004.

During our first visit to one we were shown around by the beautifully scarred son of its owner so not only did we get to visit our first Tata but we also got to see the elegantly beautiful scarification of the Otamari people for the first time. We spent a little time here wandering around the local fields and learning a little about Otamari culture before we returned to our hotel at dusk.

Dikuntri

The next morning we went back out into the mountains to visit an ancient Tata to photograph the traditional initiation ceremony of Otamari girls called Dikuntri. A lively group of Otamari women performed this ceremony for us in front of the old Tata and they kindly allowed us to take portraits of them afterwards.

We then went off to sit in the shade of some gigantic mango trees to enjoy lunch at a friend's restaurant. While we were dining a heavily decorated Otamari headman arrived and we were all taken aback by his amazing dress and appearance. We asked if we might be able to take photos of him and he invited us to his home Tata to do so after lunch.

After an amazing feast, we all boarded the bus to follow him out to his home. Sadly we got an issue with one of our bus wheels so we had to replace it on the way and we were a little late but we still managed to visit one of the most beautiful Tatas in the area while photographing the most elaborately decorated head man I've ever met in Benin!

Borgu Fulani People

Since we had already arranged a time, we then went off to meet a group of Fulani friends of mine who had decided to drive to a local village to meet us.

We met this community of people during my visit last year and we thoroughly enjoyed both the warmth of their hospitality and the incredible tattoo marks of their culture. Between that visit and the visit this year, the community sadly encountered trouble with a group of Islamists from Burkina Faso. One of the Fulani women was actually kidnapped by these men and held for ransom. When the family couldn't pay it fast enough, they proceeded to torture her. This year, when we met her, I saw her scar and I cried. We had just transported her and her daughter on our bus to meet her community at a remote, unnamed village.

Looking at her scarred leg was a very poignant reminder of how these people are terrorised by Islamic fundamentalists.

This was the community where we had raised funds to build a water well. Sadly, that project is now on hold until these people can move to a safer place to live, where the well will be built for them and they will hopefully be able to live free from persecution.

During our visit with them, I also had a chance to give one of the women a copy of a book that she had appeared in through the Atlas of Humanity.

As always it was hard to say goodbye to these people. I have a long affection for the Fulani people of Africa through a family tie. Thankfully I am in touch with this community regularly to see how they are.

Dikpantri

Later that afternoon we return to the morning Tata to see a ceremony of Dikpantri, or the passage from warriors to elders, in the Otamari people. This ceremony involved a number of young Otamari men dancing while wearing a grey 'beard' fashioned out of animal hair. It was a vivacious event that we were invited to join. Afterwards, we did some portrait photographs of the ceremony performers in the old Tata, which was beautiful.

That night we dined outside in the cool mountain air under a blanket of stars. Enthralled by the day, two of our group members also got up and performed their own ceremony of Northern Soul. What a fantastic way to end the day!

Taneka Funeral

Since we skipped the Taneka people on our way north, the next morning, we left Naititingou early to visit them on the way south.

Living in a village at the foothills of the Atacora mountains in northern Benin, the Taneka spiritual healers live in a rustic village on a rocky hillock. To reach them, you need to drive along a dirt road lined with cashew trees so we stopped on our way to their village, to try out our first cashew fruits, which were delicious.

Arriving at the base of the walk to the Taneka people, we were met by our guide who led us up a rocky path to the village. It was here we met the first of our Taneka spiritual healers, an elderly gent smoking a long pipe.

As we meandered the rocky paths between different Taneka compounds, we found out that a gathering was taking place for a Taneka funeral. We stopped briefly to photograph a second spiritual healer before we went off to join a large group of Taneka people gathering to attend a funeral. On our arrival at this gathering, we stopped to photograph a beautiful woman with very detailed Taneka scarification on her face while we waited for the ceremony to start.

In the end, the heat was building and the light was getting harsh so we decided to leave the ceremony before it started.

Instead of attending the ceremony, we met up with another spiritual healer and his wife who kindly let us photograph him in his family compound. He was the healer of fertility and responsible for women's health in the Taneka people. When he found out that one of our guests was the mother of twins he actually offered to give her a special Taneka blessing which was a fantastic way to end our visit to these very special people.

Dankoli Fetish

After we descended from the Atacora, we went off to enjoy a delicious lunch and ginger juice at a restaurant run by a delightful family of Algerian people. The rest was a welcome break before the long journey south towards the city of Dassa.

Shortly before we reached Dassa, we made a brief stop at the famous Dankoli Fetish, the largest forest shrine of voodoo in the world.

This confronting place of animal sacrifice is not very photogenic but it is one of those places that you need to visit in Benin as it is right on the side of the road and hard to miss.

We arrived at Dassa to enjoy a dinner beside the pool of our hotel.

Sakpata

The next day we began our tour with an incredible ceremony of Sakpata. This was to be our fifteenth ceremony of the tour and it was probably one of the wildest ceremonies I've ever seen in Benin.

Sakpata is a healing ceremony performed to heal people with ailments. The god of Sakpata actually lives in the earth so we arrived to find a group of drummers making their way to the shade of a mango tree. The dancers then arrived and they were led by a beautiful woman dressed like a voodoo adept with her white robes and colourful beads.

A series of athletic dances followed where a group of young men and women twirled and somersaulted before us. The highlight came when one male dancer appeared carrying a live chicken in his mouth! He paraded around in front of us seeking offerings, and at one point, he grabbed my second camera and walked around with it while carrying the live chicken in his mouth! Eventually, he put my camera down and took the chicken over to the musicians, where it was sacrificed by him biting the chicken's head off. Wow!

The athletic dancers of Sakpata

The dancing continued, and as the ceremony came to an end, the adept lady who was the healer, performed a song and lay down on the earth to procure the god of Sakpata while she was singing. All this activity eventually died down, and the ceremony concluded, but we were all left speechless by what we had seen! It was one of the most memorable ceremonies we would witness during our trip!

We then went to Abomey, where we checked in at our hotel and then enjoyed a lunch of local Fulani cheeses and Beninese food while we shopped for some traditional masks. That afternoon we decided to take a small rest at the hotel and do some running around in the city before we all met up for a lovely dinner at the hotel that evening.

Abomey Palaces and Modern Art Gallery

A quieter morning transpired as we spent some time visiting the palaces of the Kingdom of Dahomey in Abomey. We went on a guided trip to the palace complex and enjoyed a small amount of photography in the palace courtyard where we met weavers of the local Abomey cloth and did a small amount of souvenir shopping.

Leaving the palaces we visited a lovely remote gallery of modern Beninese Art which was both fascinating and beautiful.

We enjoyed a buffet lunch of spicy Beninese food at a local restaurant in the city before we drove out towards Cové for two spectacular ceremonies to finish the day.

Egungun (The Main Event)

Our first ceremony was the actual private ceremony of Egungun which we had planned to do as part of the tour all along. Although we had seen two smaller ceremonies during the trip already, this main event did not disappoint as we photographed these spectacular dancers close to a temple where they were worshipped. We all enjoyed an incredible performance of around seven Egunguns, some of whom came over to us to try and frighten us, in between their vivid twirling dances.

At the end of their display I arranged for a few of them to walk with us to a nearby 'forest' of palms so we could photograph them in a more natural surrounding, other than a village. Egunguns, after all, are supposed to live in a sacred forest, so we all enjoyed photographing them in this beautiful setting as the afternoon light softened.

After the portaits of Egunguns concluded we joined them in a walk back to their temple, where the ceremony concluded.

Guèlèdè – The Fire Spitter

As the sun began to set on another spectacular day we ended up visiting the home of a local mask carver who created the incredible Guèlèdè masks for ceremonies. We spent a little time photographing this family home with his carvings that were underway. While we were there, we actually saw him preparing one dancer to perform for us by placing a bowl of burning embers on his head.

He then ignited the fire on this dancer's head and the dancer performed for us with his flaming mask! It was great that this happened close to the sunset as the fire seemed more illuminated by the encroaching night. At one point the dancer grabbed some of the embers from his flaming bowl and threw them on the ground around us, forcing me to warn some of my group members with a "watch out!". Sometimes when you are photographing events like this it isn't easy to see the impending danger you might be in. This event was yet another unexpected high point of our tour. All of us were enthralled!

Vodunsi

Leaving Abomey, we drove out to a very remote village near the Togolese border of Benin, to visit a tiny community of Vodunsi, or voodoo brides. This community rarely sees visits from outsiders or photographers, so we assembled under the shade of a tree. What followed was a very special celebration performed by beautifully made-up Vodunsi of singing and dancing to show off what they had learned. The head Vodunsi was a beautiful girl who was already a mother to a young baby boy, and she even breastfed him during this amazing yet intimate ceremony.

After it had concluded, we lingered for a while to take portraits and community shots of the individual Vodunsi and their families before we were farewell with so much warmth and friendliness that none of us wanted to leave!

Koku

We headed off to our afternoon ceremony of Koku, one of the most spectacular ceremonies you can witness in voodoo – the display of power and strength.

Arriving at a small village near a Koku legba, we joined the village onlookers as we waited for the heavily scarred Koku dancers to arrive. Koku dancers by their very nature are often heavily scarred from the cutting of previous ceremonies and although ours was a largely simulated one it was still a private performance and left us all a bit gobsmacked.

During the ceremony we watched the preparation of the arena, dancers visiting the legba, dancers having alcohol spat over them as a blessing and we also watched them covering their bodies in the trademark kaolin powder mixed with palm oil to form a yellow paste. Koku is the voodoo display of strength and over the years I've watched these I've seen dancers falling on prickly pear cactus, pushing knives down their own throats and cutting themselves with blades. This one featured simulated tongue, chest and ear cutting, with one dancer trying to push a knife through his own navel. At one point one of the dancers smashed a tequila bottle over his own head! It was all very wild and a memorable ceremony to witness.

What a frenetic and powerful way to end the last full day of our tour!

Twins

On our last day of the trip, we attended a small but fascinating and somewhat quieter ceremony to celebrate the culture of twin children in Beninese society. This tiny shrine devoted to twins is looked after by a high priestess who, every day, looks after a series of dolls that have been carved to look like the twins that have been lost in her family. She feeds, bathes and dresses them daily in a cultural quirk that is very unique to Benin.

The countries of Benin and Nigeria have some of the highest rates of multiple births in the world. If a pair of twins dies at child birth, the parents will carry dolls of their deceased children around with them until they die. These tiny dolls are looked after like their own children. If only one twin dies then the sibling will carry one doll around as its brother or sister until that twin dies. During the course of our tour we had seen quite a number of women carrying these lovely dolls with them in the street and at ceremonies so it was wonderful to finish our tour with a ceremony that truly celebrates this unique tradition.

After a brief stop in the coastal town of Ouidah, we then drove on to Cotonou where we enjoyed our last sunset dinner on the beach.

What a fantastic way to end our fun, action-packed trip to Benin.

On a very personal side note – as the tour leader of this trip I think we laid down a very high bench mark with the 2023 tour to Benin. We originally mandated around 13 private ceremonies on this tour. In the end we saw no less than 20! It was hard for any of us to pin down a highlight but if I had to mention one, it would have to be a close tie between our awesome driver/guide team and also one tremendously talented, humble and friendly group of photographers who joined me on this visual spectacular. I'm already looking forward to going back in 2024!